QUOTE OF THE MONTH
“\textbf{A good head and a good heart are always a formidable combination.}”

\textit{\textcopyright Nelson Mandela}

\textbf{KIDS’ CORNER: How to Make a Kid’s Cape}

\textbf{WHAT YOU’LL NEED:}
- Fabric based on the size of your child
- Ribbon
- Scissor

\textbf{DIRECTIONS:}
1. Fold your fabric in half and cut a basic cape shape
2. Use scissors to make slits across the top of the cape (the slits should be a little longer than the width of your ribbon). Space the slits 1½ inches apart and 2 inches below the top
3. Thread a 5-foot length of ribbon through the slits (1-inch-wide ribbon is recommended)
4. To attach the cape, thread the ends of the ribbon over your child’s shoulders and under his/her arms, backpack style, and tie around his/her back

Check back here for more adventures with Eco Man next month. For Kids’ Corner activities, visit the For Mother Earth section of \texttt{www.AdvancedDisposal.com}.